



SHARK BYTES

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Prep Volleyball Praises Players

Several MAVA players have earned national recognition from Prep Volleyball.

Kelsey Anderson (15 Elite), was listed in the Frosh 59: Top High School Freshmen of 2005.

Anderson, who attends Mercy Academy, was third in kills during school season play.

Five MAVA players were named to the Soph 79: The Top High School Sophomores of 2005.

Sacred Heart's Emily Lechleiter (16 Elite) played left and was a key part of the team's offense with 297 kills.

Teammate and left side hitter Emily Wetterer (16 Elite), also made the list with 278 kills.

Nicole Allgood (16 Elite), from South Oldham was named to the prestigious

Alli O'Connor (16 Elite), also a player for Mercy Academy averaged seven kills per match for the Jaguars and was cited as well.

"We're always excited when our players are recognized for their efforts,"

said Glenn Pike, club director.

"As our program grows, we hope to have more and more girls named to these lists. It's nice to see the girls recognized for their hard work," he added

group as well. She helped her team reach the quarterfinals in the state's single-class by supplying much of the offense.

Leslie Haywood (16-Cox), a setter for Mercy Academy, who averaged more than 14 assists per match received mention.



Your online community for junior volleyball

Bellarmino Athletic Director Gives Advice

Scott Wiegandt, Director of Athletics at Bellarmino, has a few tips for volleyball players interested in furthering their sports career in college.

- Do a video highlighting your play. It can be homemade.
- Send the video with a resume that details your volleyball career and other activities to the coaches at the colleges you are interested in attending.
- Contact the coaches personally - don't ask your parents to do it. It means a lot to coaches when the players contact them because it shows maturity and character.



MAVA Thanks Vertimax Donors

Thanks to the generosity of some 53 MAVA families, a new Vertimax machine is now available for training. In total, nearly \$2,000 was donated toward the purchase of the apparatus used to develop vertical jump, leg power and quickness.

Special thanks to the Barnes, Christopher, Scherzer, Ridge, Wetterer and Rectenwald families for their contributions of \$50 or more.

MAVA would like to purchase another Vertimax. If you would like to donate funds toward this goal,

simply make a check to MAVA and indicate it is for Vertimax. Give the check to your team parent or drop it in the payment box at the concession stand. Matching funds from companies may be available and donations are tax deductible.

MAVA 13 Elite "Kick Off" to a Great Season

The MAVA 13 Elite team, coached by Ken Garvey and Joel Braun, have had a great start to the club volleyball season! In their first tournament of the year the, **MidAmerica Kick Off**, the team played up in the age level in the 14 year old division.

The 13 Elite team was seeded Number One going into the Central Zone Championship

The team ended up in second place overall having lost in three games in the Championship match to a 14-1 team from Cincinnati. In the Central Zone Invitation tournament on February 11-12, the 13 Elite



13 Elite won both the Central Zone Invitation and the President's Cup tournaments

had some tough competition. They ended up winning a match against the KIVA 13-2s solidifying their spot in the semi-finals.

Without much trouble in the semi-finals, they ended up in the Championship match against a very strong team from St. Louis. In three games, the MAVA 13 Elite pulled through winning the Championship. In Dayton, Ohio for the President's Cup the team was undefeated both days winning the Championship in an exciting match against MAVA 13-Ragland. Going into the Central Zone Championship tournament late in February, the team is seeded Number One! Team members are Krista Atzinger, Eliza Burkman, Abbie Carrico, Clair Gerwig, Jeni Houser, Amber Jackey, Sophie Kellerman, Casie Logan, Kirsten Pavelonis and Allyson Wilbourn.

15 Elite Starts Season with a Bang

The MAVA 15 Elite team, coached by Tom Recktenwald and Jeff Wise has started the season off with a bang. The team placed third in the 17s division of the Icebreaker tournament.

They won the President's Cup Tournament in Dayton, OH the following weekend. The team did not drop a game the whole tournament. The Central Zone Tournament looked more like a National Qualifier than a local tournament with most of the region's top teams in attendance. MAVA 15-Elite met up with some tough competition playing the Cincy Classics, Impact, N-3 Force, NKYVC, the Bullets, and the Houston Juniors to name a few.

The girls made it to the final game versus KIVA Red who they had not been able to beat since their 12 year old campaign. KIVA took the first game 25-23 but the team stayed focused and won the second game 25-15 and then the third game 15-9.

It was a great match to watch and it was hard to believe that those players on the court were only 15 years old. It was huge match for the team and one to build on for the rest of the season. Team members are Kelsey Anderson, Samantha Brown, Casey Garvey, Grace Krauser, Emily Meyer, Catherine Neuman, Lindsey Ragland, Paige Wessel, Brittany Wilson and Lindsey Wise.



15 Elite has an impressive record and won championships in Dayton and the Central Zone

Well Said!

Volleyball is the sport through which I am able to express my God-given talents of being an athlete. It is a sport which involves relating, pushing, and encouraging your teammates. It has helped evolve me into the person I am today.

-David Beard

14 Elite Posts Impressive Record

The MAVA 14 Elite team has posted an impressive record of 26 wins and five losses for the season so far. The team, coached by Bill Cecil, Nick Maxim and Glenn Pike, most recently captured a win at the MAVA Challenge beating 16-1 WAVE in the finals of the 16s division.

The team also made a good run at the President's Day Cup in Dayton sweeping five matches in two games before playing a tough Munciana Chipmunks team where they lost in three. MAVA 14 Elite won the first game 25-18, lost the second 30-32 and fell in the last game 14-16. Pulling together the girls then soundly

defeated the Cincy Classics 14 Red for third place in the tourney.

MAVA 14 Elite has posted an impressive record of 26 wins and five losses for the season so far

The team has been working hard despite dealing with some unusual circumstances. Unfortunately head coach Bill Cecil suffered from a partially detached retina and underwent corrective surgery, but is well on his way to recovery.

On the good news front, the team is excited about the impending



14 Elite won the 16s division of the MAVA Challenge

nuptials of assistant coach Maxim who will be married in April and Cecil's daughter, Amanda and Pike's daughter, Jill, who both have July dates set.

16-Cox Off to a Good Start

MAVA's 16-Cox team is off to a good start for the season. Team members are Holly Allgeier, Caroline Barnett, Nikki Buckley, Katie Engleman, Leslie Haywood, Becca Juhl, Katie and Kelly Klueber, and Abbi Williams. The girls attend three different high schools; Mercy, Floyd Central, and Sacred Heart and are coached by Tim and Beth Cox.



16-Cox won the 17s division at the recent MidAmerica Challenge

Our hard work paid off with a recent win in the MidAmerica Club Challenge 17s division.

The team was undefeated for the tournament, winning seven matches and losing only one game. We are looking forward to playing in the qualifiers and winning a bid for Nationals.

14-Kapfhammer Playing Consistent and Smart

MAVA 14-Kapfhammer, playing consistent, smart and relentless volleyball, bested teams from Kentucky, Indiana, Ohio and Illinois to take the Gold at the Central Zone Invitational tournament.

The team performed strongly all weekend going undefeated in eight matches. The players showed great heart and determination throughout the two day event.

The members of the team consist of: Sarah Adams, Liz Chenault, Heather Fields, Allie Iceman, Hannah Jezreel, Kelly Moyer, Katy Potempa, Morgan Ridge and Melissa Sexton. The 14-Kapfhammer team is coached by Carrie Kapfhammer and Jan Segó.



14-Kapfhammer captured Gold at the Central Zone

14-Peer Starts Strong



The 14-Peer team has gotten off to a great start of the season! They came in first place in two of the four Bluegrass Power Leagues and came in first during pool play in the Union Classic but lost in the semi-finals of the tournament on February 26th. They are really pulling together as a team and eagerly anticipate the upcoming Bluegrass Pre Qualifier Tournament!

15-Costello Coming Together



Kelsey, Lauryn, Alexa, Betsey, Caity, Carrie, Megan, Meghan, Allie, and Courtney. The 15-Costello team is comprised of girls from seven different schools who all share the same goals. To do our best, grow as players and to gel as a team.

Coaches Matt Costello and Sean Kleier bring experience, patience and the ability to help each girl be the best volleyball player she can be. The team has won more matches than lost and our last tournament was the best so far, winning seven of nine games.

17 Elite Shines in Las Vegas



The 17 Elite team just returned from the Las Vegas Invitational Tournament last weekend. The girls played well, finishing with seven wins and two losses. They enjoyed the sights and almost crashed Paris Hilton's birthday party at Caesar's Palace. They also helped celebrate coach Jereme Moore's wedding to his lovely wife Christy at the Little White Wedding Chapel! Congratulations Jereme and Christy.

13-Ragland on a Roll

The 13 Ragland team has had a great season so far. Members of the 13 Ragland team are: Colbey Cameron, Paige Moore, Danielle Cotton, Erin Hoffman, Brooke Scott, Megan Stout, Morgen Clayton, Rachael Walters, Jackie Crush, and Samantha Lindsay. They are coached by Terri Ragland and Rusty Wilson.

The Central Zone Tourney proved to be a great success when they captured

the silver. Being ranked 19th in the tournament, they placed 9th out of 24 teams.

In Dayton, the team went in ranked 12th out of 21 teams. They finished in 2nd place to the MAVA 13 Elite team losing 18-25 and 9-25. The girls played very hard throughout the tournament taking four teams to three games. They won every match until the championship. Congratulations!



13 Ragland wins silver at Central Zone

13-Haury Bursts onto Scene

The 13 MAVA Haury team burst onto the club season by claiming the MAVA Kickoff Classic Tournament back in January.

Led by Head Coach Bill Haury and Assistant Coach Holly Owens, they also managed to win pools B and C in the Derby City Power League. Facing teams who are much taller, the 13 Haury girls have let their athleticism carry them to a 15-1 record. Led by a pair of five-footers, outside hitter/DS Tina Brackett and setter/jump serving Sarah Demuth, the team uses precise serving and hard hitting to keep their opponents scrambling.



13 Haury won 15 straight matches in early season play

Setter Allie Mattingly has been extremely steady all season dishing out a large number of assists. The middle has been controlled all season by a trio of players--Julie Brewington, Madison Rokosh and Sarah McDonough.

Defense has been led by Defensive Specialists Erica Mazzoni, Hilary Boerger and Libero Lindsey Wilburn. Tina Brackett and Sarah McDonough are also dig specialists. Catherine Havel is a weapon anywhere she is on the floor. She possesses an excellent serve and is one of the team's leading hitters.

The team's 15 match win streak was snapped on February 26th in the semifinals of the Union Classic. They are now ready to start a brand new streak! The hard-working girls are all excited to be a part of the MAVA Family this season.

16-Arrasmith is having Fun

Here it was one of those cold, February, Saturday mornings in the midst of a 4-day holiday weekend and the alarm sounds at 6:30 AM. The radio announcer indicates there's been snow overnight and the roads are icy, but there are no announcements regarding cancellations. We drag ourselves and our 16 year old daughter out of bed and head to Southern Indiana for a day of volleyball... They're considered a 'non-traveling' team but my odometer disagrees. What am I'm doing this for?

My question is answered as I arrive at SICS and the parking lot is full. I'm not the only one who believes this is healthy for my daughter. I spend the day with wonderful parents watching our team compete. Here are nine girls from a cross-section of Jefferson, Oldham, and Shelby counties who have come together to spend six months getting in shape and playing. Curfews are not a problem when you have to get up early on the weekends. MAVA is their home-away-from-home and their coaches treat them like daughters. The team 'Moms,' (Gayle Arrasmith & Shelley Chaney) take

care of us all with their communications and emergency supplies. In the stands, we're almost like 'family' we spend so much time together. We've welcomed a baby (Jesse's niece Ava) and a puppy (Blake's dog 'Kramer'). The girls encourage each other with silly cheers and handshakes, just like sisters..... MAVA 16 ARRASMITH IS HAVING FUN!

We are having fun, yet we're also improving our skills. Coach Tim Arrasmith and his assistant, Dave Luking have assembled a team that is very competitive and is beginning to hit their stride! After some fine-tuning of the setter and libero positions, we had a great showing at this past weekend's MidAmerica Club Challenge. We played our way into the Gold pool and lost to some very good teams. The girls got a taste of good competition and I think are 'hungry' for more. They'll be back at practice on Tuesday and the coaches will be ready to work on hitting, serving, and passing. Let's hope we can build on this weekend's success and our best playing days are ahead of us!!

13-Fields Rolls Through Union Classic



MAVA 13-Fields went undefeated in the Union Classic. The team posted a 10-0 record for the tournament. The girls are working hard and gaining momentum towards Atlanta spring break week! The MAVA 13 Fields has an overall record of 22-5! Good job girls, keep up the success!!

Past Players Shining Stars in College

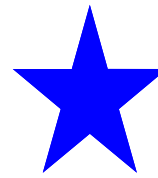


Club Director Glenn Pike asked former MAVA players how their college volleyball careers were going. Here's what two players had to say.

Hey Glenn,
It is good to hear from you! My experience here at Towson has been great. Although my playing time did not start until mid-season in the fall, it was well worth the wait. I played right back. Now that spring is here, I am concentrating more on my hitting. They are training me to become an outside hitter/defensive player. We have individuals three times a week, conditioning twice a week, and lifting three times a week. Team practices begin in March, where the practices last 2-3 hours everyday. Tournament play begins in April. We are really looking forward to the fall season because we get to play UCLA. The competition is getting a lot harder for us. On a side note, I am constantly busy! I always have somewhere to be. However, this helps make the time fly! My first year is almost over, and I cannot believe it. Talk to you later.

Lindsey Neighbors

Mr. Pike,
I got your email about the MAVA newsletter and playing in college, so below is a little something about college volleyball.
Being a member of the University of Louisville's volleyball team this year has been more work and better than I had ever expected. It had always been my dream to grow up and play volleyball for UofL, and now that it has happened, I am forever thankful. Being on the team includes many hours of work, as well as many opportunities. In the fall, I got to travel to a lot of different places and got to meet many people. Being on the team gives me a family away from home. It's great to be able to travel with them, practice with them, as well as hang out when it doesn't involve volleyball. I have gotten to know girls from other countries and have found that we have so much in common. One of my most memorable moments was going to the Sweet Sixteen in Omaha, Nebraska. Although we lost our match, it was amazing to see the arena full of 15,000 volleyball fans.



They weren't there just to support the Nebraska team, they came out to watch volleyball. Then, later that night when we were leaving dinner at a local restaurant, we got a standing ovation as we walked out. It was absolutely amazing to see the dedication of these fans. Moments like these make the whole experience worthwhile. I also want to thank all of the people in the MAVA community who have supported our team. As a former MAVA player, I looked up to the players on older teams, and I hope that other girls can come out and be inspired by us to become the best players they can be.

Thanks!
Kristie Wetterer

Kristie's twin sister plays for Bellarmine and another sister is on MAVA's 16 Elite team.

Private Lessons Available

Need to polish up your passing, hitting or setting skills?

Several of MAVA's outstanding coaches are available for private lessons.

Contact Jeff Hulsmeyer at 736-0800 ex. 111 for more information.

16 Elite Battles in 18s

Coming off of a third place finish at the Presidents Cup in Dayton OH, the 16 elite team has played two consecutive weeks in 18 year old tournaments.

They won the MidAmerica Club Challenge and finished tied for fifth in the Gold Division of the 18 Open Pre-Qualifier tournament beating several 18's teams along

the way. It's been a total team effort and everyone is excited about the upcoming qualifier events!

12-Rickert Starting to Gel

The girls and their parents got together along with Coach Sharon Rickert before the season started to go bowling. It was a great time for everybody to get to know each other and have some fun. From what I saw it's a very good thing most of the girls are on a volleyball team and not a bowling team! When ask what they liked to do in their spare time ...

MELISSA, CARMAN, LEAH, KIMBERLY, and SARAH

All liked to talk to friends on the computer or phone

KELSIE likes to ride her horse and 4-wheeler

AMY enjoys watching TV or drawing sports teams

KATELIN has fun jumping on her trampoline

DAKOTA likes to play basketball and watch TV

CONNOR loves spending time working at the barn and riding horses.



The 12-Rickert team is working hard to realize its potential

So the girls on this team are very diverse. But they also have one goal in common. They want to be the best volleyball player they can be. Coach Sharon Rickert also wants this team to excel. She brings in her experience, patience, and lots of time to help the girls reach their

goal of being the best. Each girl brings much talent to the team from their different experiences. Their record so far is good. Of the 12 matches in both the Derby City and Bluegrass Power Leagues they have played so far, 8 wins-4 losses. Not bad,

but they know they have the potential to do better. The team is starting to gel. The girls are getting used to switching back and forth between lite and regular volleyballs. The new rotation is being learned, and friendships are being formed. We all have high hopes for this talented group of young ladies. Watch for us in the future we will become a force to be reckoned with!

12-Horency Wins Derby City Power League



The MAVA 12-Horency Team won their pool play of both Derby City Power Leagues. Team members are Ashley Brey, Courtney Byron, Kacy Clinkenbeard, Allie Decker, McKenzie Horecny, Ashlyn Mathis, Andi Nichol, Lauren Turnage, Hannah Whiting and Lauren Wilhite

Mid America Volleyball Association

The [MidAmerica Volleyball Association Sharks](#) (formerly the Louisville Attack Volleyball Club) are proud to call MidAmerica home. MAVA is a community-based club committed to developing and promoting the sport of volleyball from entry level player to the elite athlete. As a progressive club, our goal is to provide unparalleled instruction that insures the building of character, development of skills and sportsmanship, while providing a fun and nurturing environment for our volleyball players to reach their maximum playing potential. Our players will be challenged to excel, not only individually but also for the betterment of their teams and the community in which they live.

Phone: 502-736-0800 Fax: 502-736-0801
website:
www.midamericasportscenter.com

Fundraising Helps Offset Costs

To date, fundraising events have allowed MAVA families/ players to earn \$6000 towards their club fees. The Kroger gift card program is the largest in terms of total participants with 260 cards in circulation. The January and February lottery ticket sales were \$740 and drawn for prizes in \$200 increments. Winners sharing this money for their daughters' fees were Carolyn Evans (Amy) 12-Rickert; M. Carrico (Abbie) 13-Elite; Carol Neal (Sarah) 14-Peer; Debbie McGreal (Monica) 12-Elite and Sue Dunaway (Kelsey) 14-Elite. Upcoming fundraising projects include spiral hams for Easter and a car wash for the older girls to earn money for Orlando and Nationals.