



SHARK BYTES

Volume 4, Issue 2

April-May 2007

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Yeah MAVA

15 Hammerhead Coach Matt Costello reflected on how far MAVA has come in such a short time.

Subject: Don't look now -- but MAVA Rocks!!!! (a little history and cheerleading) Ok., sorry,,,, a little PR for our club here. Bear with me,, I promise to get to the point.

When I started coaching at MAVA, we were known as LAVC. That was 6 seasons ago. So, let's see, we became MAVA 5 years ago. My first practice was held at Sacred Heart Model over Christmas break.

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Five MAVA Teams Qualify for Junior Olympics; 14 to Participate in AAUs

Once again MAVA showed their strength and poise during three national qualifiers that culminated in five teams earning bids to the Junior Olympics to be held in late June.

Three of our teams brought home gold with the 12 and 15 Elite teams winning Big South and the 16 Elite capturing the number one title at the Mid East. In total, of the 14 MAVA teams that participated in qualifiers, we had 16 top eight finishes—not just

respectable, but very impressive! Our 12, 15, and 16 Elite teams each had second place finishes and 13, 14 and 17 Elites had third. Our 16 Blue team also finished third at the Big South and 14 Blue came out fourth—a tremendous feat.

With the Pioneer Region and at large bids, we expect even more teams to be making the trip

up North. In the meantime, 14 MAVA teams will be traveling down South in June to vie in the AAU championships. Last year,

MAVA netted two gold championships at this prestigious tournament. We hope for more in 2007.

It's been another tremendous season for us as MAVA continues to be recognized as one of the outstanding clubs in America!

MAVA had 16 top 8 finishes in three qualifiers this season

Good Sportsmanship = Good Image

One of the tenets that sets MAVA apart from many other clubs is our belief in conducting ourselves appropriately both on and off the court.

Good sportsmanship cannot and should not be underrated—particularly in this day and age. How our players, coaches, and parents present themselves is noticed by others and is a direct reflection on our program.

What does good sportsmanship mean? For our



players, it means being gracious whether you are winning or losing. It means shaking hands and acknowledging the other team, coaches and officials after your match. It means

giving your chairs to family members whose daughters are playing when your team is officiating.

Off the court, we expect MAVA players to act in a positive and polite manner. Hotel rules and regulations are to be followed.

We also have high expectations for our parents.

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15 Elite Nets First and Bid at Big South; Places Second in Dallas

Hard work paid off for MAVA 15 Elite as the team netted an open bid by winning Atlanta's Big South Qualifier and placed second in the Lone Star Classic held in Dallas. The strong showings help solidify the team's current number two national ranking by Prep Volleyball.com.

In Atlanta, 15 Elite fought off defending national champions Arsel 15 from Puerto Rico in a three game championship match. MAVA won the first game 25-20 before stumbling in the second 24-26. In the end, 15 Elite pulled together and came out strong in the third game winning 15-6.

The Lone Star Qualifier offered 15 Elite a variety of worthy opponents including several strong and well-coached Texas teams. After posting nine straight wins in the tournament, including victories over Austin Juniors 15 Mizuno, TAV 15-Asics and Alamo 15 National, MAVA 15 Elite fell to MAVS 15-1 from Kansas in a three game showdown. MAVA easily won the first game 25-9, lost the second game 17-25 and the third 15-17.

MAVA's balance of aggressive offensive coupled with outstanding defensive performances have helped



MAVA 15 Elite has worked diligently to earn its Number 2 national ranking

the team amass an impressive record of 62 wins and only three losses for the season.

12 Elite Wins Big South and Bid to JOs

MAVA 12 Elite arrived in Atlanta on a cold Thursday night hungry for a bid to the Junior National Championships.

They had been denied a bid at the earlier Mid East Qualifier by finishing runner-up. The players and coaches were ready for a happier ending this time.

Friday and Saturday they went undefeated and were ready to "leave it on the court" on Sunday. Bright and early Easter morning they played Southwest Sunset 12 Black and beat them in two games 26-24 and 25-11. The semi-final match was against Skyline RoShambo, a talented team out of Chicago. MAVA won the match, 25-22 and 25-18.

The 12 Club Gold Final pitted 12 Elite against the Champions 12-1, a strong defensive team out of Orlando. Champions had lots of fans, so the 12 Elite fans had to be louder than usual! The first game ended with Champions winning 28-26. The second game was another barn burner with MAVA winning 28-26. We were definitely



MAVA 12 Elite relished their victory at the Big South in Atlanta. The team battled an impressive Orlando Champions 12-1 to win in three.

getting our money's worth in the final match.

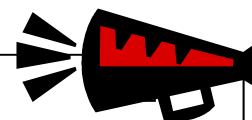
The scene was set for a great rally match. At the change over, MAVA was down 8-4. 12 Elite battled back with guts and intensity to win the rally game 15-10. Even with the immense pressure of the first two games, the 12 Elite team played their hearts out and won the final match and the honor of representing MAVA in the nationals this summer.

Players and parents were also impressed with their opponent, Champions 12-1. As we headed to the officials area to receive our medals, the Champions team and coaches gave us a round of applause for our hard fought victory. MAVA 12 Elite earned their bid to Minneapolis and the Champions 12-1 showed themselves to be a talented, worthy and most of all noble opponent!

Congratulations Coach Kapfhammer, Coach Segó and 12 Elite on an astounding weekend of play!

Shout Out

To all the MAVA players and families who donated books to the Brown Cancer Center drive. MAVA 15 Elite player Caitlin Dotson and her family thank you for your generosity!



14 Elite Captures Bid at MEQ

After a 4th place win at the MidEast Qualifier in Indianapolis, just shy one spot for a bid, the 14-Elite team came through and won a bid at the Big South Qualifier in Atlanta! The competition this season has been fierce. With some struggles at first, the 14-Elite team pulled it together with finesse, talent and most of all heart to win a playoff between three teams for 2nd place in their pool in the gold and to win a bid. Beating Temacula and A5 in a 25 point playoff, 14 Elite played Rockwood for 3rd place in the qualifier. The 14-Elite team persevered and won in three games, thus securing the bid outright. Now the team is preparing for the AAU tournament in



MAVA 14 Elite brought home a bid from Atlanta

Orlando and JO's in Minneapolis.

On the second day of competition in the Big South, the 14-Elite team played KIVA 14-1s.

It was a great match going to three games with KIVA finally winning the third game by only two points. The great thing about this match was that so many other MAVA teams of the various ages came to cheer for 14-elite. One would have thought it was a championship match. Although the MAVA 14 Elite team lost, they walked off the court smiling knowing that they fought hard and most of all because all of MAVA was supporting them. On behalf of the MAVA 14 Elite team players, coaches and families, thank you to all who came to cheer for us and support our team.

17 Elite Play to Win

We had already earned our bid in our very first qualifier, MEQ, where we finished in 3rd place. We knew what we needed to work on to get better and that's what we did. We worked, hard. We came to practice three nights a week and did velocity training another two nights. We made sacrifices along the way as we tried to keep up with school, family and friends. But we didn't mind, Coach Jeff made it so much fun.

We headed into Big South the very next weekend, and right off the bat we lost in pool play to a very good First Alliance team. We were stunned. Couldn't remember the last time we had lost on day one, but we were still in the gold. Day two was tough, but we persevered with confidence and determination. We ended day two still in the hunt for gold. This would definitely get us ready for our next qualifier and JO's in July. Day three saw us playing amazing volleyball, going up against Illini Elite and TAV.

The games went to the wire, but we fell in three to both. That put us up against Northern Lights 17-2 to play for 5th and 6th place. Since bids are only trickling down to 5th place this season, Northern Lights 17-2 was playing for a bid. We already had one. What's that??? Did someone say something about us letting Northern Lights win so they could get the bid?

(continued page 6)

12 Elite Supports Good Cause; Raises Funds for Kosair Children's Hospital

MAVA 12 Elite is raising money for Kosair Children's Hospital while they play volleyball this season. The girls collected pledges for every game they play this season. Individuals could pledge anywhere from a penny a game to a \$1. We placed a cap at 100 games so people would know the most they would owe. MAVA 12 Elite already has played over 100 games and the team has over \$1,000 in pledges at this time!

The girls will be collecting their pledge money after Memorial Day weekend. We are planning to take a tour of Kosair Children's Hospital before our Orlando trip and deliver our donation. The girls will also be able to pick off a wish list from Kosair Children's Hospital as to what item(s) their proceeds will buy. If you would like to make a pledge or donation to our fundraiser, you

can contact any team member or parent. A big THANKS to everyone who has helped support this very worthy cause.



14 Blue Turns Season Around with Strong Central Zone Finish

Sporting a new middle hitter, MAVA 14 Blue traveled to Indianapolis on February 23 with renewed enthusiasm after an up and down start in their early season. After just three practices with their new teammate, Chelsea Volz, (a former 14 Hammerhead player) the team took the Central Zone Championships by surprise in the early rounds. Storming through pool play, the girls amassed a 5-0 record in winning both pools and advanced to the Gold Bracket round. Led by hustling play of setters



14 Blue teammates relax and refuel after a day of playing.

defeated the 6th ranked Sky High 14 Red team in their first match. Advancing further than in any of their previous tournaments, the girls battled 2nd ranked Fort Wayne Kaepa 14 Blue team down to the wire. Falling behind 24-16 in the final game, the club turned to the serving wizardry of Casie Logan and clawed back to tie the match at 24. Playing tough, the Blues eventually fell to Fort Wayne 28-26.

When asked to assess his team's performance, Coach Bud Busch responded, "I am VERY proud of the team's effort and am looking forward to building on our new foundation as we move forward. The team learned something about themselves this weekend and so did I. The fans were incredible! They were by far the loudest and most positive fans in the building. Coach Tim Arrasmith and I will re-double our efforts in skills training and work towards even better finishes in the near future. This team now has a great chance of qualifying for Nationals."

"I am very proud of the team's effort and am looking forward to building on our new foundation."

Colbey Cameron and Kelsey Yates and the timely blocks of Chelsea Volz and Brooke Scott, the 19th ranked Blues defeated 5th ranked Team Atlantis 14 Greens and 10th ranked Performance Point Blues on Saturday morning to advance to the

second round of pool play. Strong efforts by outside hitters Erin Hoffmann and Katie Bergamini, combined with amazing passing by Jackie Crush and Morgen Clayton, propelled the team past 13th ranked Altitude 14 Black, 20th ranked Team Indiana and 12th ranked Circle City 14 Whites and into the championship round on Sunday afternoon.

Both Gold Bracket matches were very competitive and closely played. Energized by the blocking and hitting skills of Aubrey Patterson, the Blues'

16 Elite has Exciting Season

Wow, what a season MAVA 16 Elite has had. They started off by winning the Central Zone Tournament in February and then they went on to play in three National Qualifiers with some fantastic results.

They took 1st Place at MIDEAST, 2nd Place at BIG SOUTH and a respectable tie for 7th at LONESTAR. Their determination and dedication to the game has certainly helped drive their success. Congrats to all for a great season so far....here we come Orlando, Minneapolis!!



MAVA 16 Blue was Gold Champion at the MEQ and placed second at the Big South

13 Hammerhead Champs in Asbury Tournament

Playing their best volleyball of the season, 13 Hammerhead went 5-1 at the Asbury College Tournament in Wilmore, KY, and took home the champion's plaque. The team finished 2nd in their pool, and eventually avenged their only loss of the day with a rematch in the final with the Charleston Slammers. After a 2-11 start in the first game of the final, 13 HH won 17 of the next 20 points and went on to defeat the strong Charleston team in two straight games. It is the second tournament win for 13HH, and their third time in a championship match.

16 Blue Talented and Tough

MAVA 16 – Blue is a talented, scrappy, gritty, find-a-way-to-win, sort of team. There is no need to name each of the players, because it seems they have found their identity as a TEAM.

At the MEQ they were seeded 20th, (out of 167 teams), won their first four matches, but unfortunately lost two close ones, which sent them to bronze. Finding this unacceptable, they settled for nothing less than winning another four matches, to top the bronze bracket.

With last years' second place finish at the Big South Qualifier and their



16 Blue finished third in Gold at the Big South.

success thus far in 07, they entered this years' Big South, as the sixth seed out of 144 teams. They rolled through nine matches before being stopped in three, by a very good Lions 16-1 team in the Gold semifinals. The

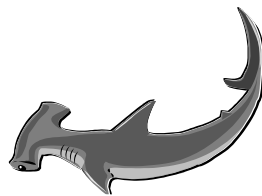
team stayed focused and dominated their match for third place in the Gold Bracket. These players receive compliments from other players, coaches, referees and parents everywhere. MAVA should be proud. To quote their coaches, "we have a great, hard working group, we played great in Atlanta and came away beating a tough Wisconsin Jrs team to grab third. What's great is that our girls play above their size. We match up against 6'2" teams and it doesn't matter, we still come out on top and we are so determined to get our bid in the Pioneer Region Tournament in May."

14 Hammerhead Wins Union Classic

MAVA 14 Hammerheads coached by Patty Farlin and Tracy Frick, had to make some adjustments after middle blocker Chelsea Volz moved to the 14-2 travel team. But they overcame the odds and won the Union Classic 2007.

The nine player team is made up of defensive specialists Christina Brackett and Sarah DeMuth, right side hitters Maria Schamucher and Emily Huges, left side hitters

Catherine Havel, and Madison Hundley, middle blockers Maddy Rokosh and Julie Brewington and setter Kayla Berry. This is a great team who works well together. Thanks Girls.



14 Hammerheads worked well together to win the Union Classic.

13 Elite players enjoy spring break in a variety of ways

After finishing 3rd in the Big South qualifier in Atlanta, MAVA 13-Elite players and coaches took some time off volleyball. Here's how the team spent spring break:

Annie Adams #2 wore her medal all the way to Florida and enjoyed the beach with friends

Meredith Ashy #15 swam, tanned, and of course, played volleyball with her cousins in South Louisiana.

Amanda Crask #14 went to Kart

Kountry with teammate Monica Sarah Katz #5 went shopping with friends

Brittany Lenihan #7 went to Destin and got close to some dolphins

Megan Lipski #3 relaxed and rested her sprained ankle during a quiet week at home

Monica McGreal #8 picked out her 8th grade graduation dress and helped her mom paint

Andi Nichol #11 got to sleep in for a change

Paige Steward #4 went to the movies and shopping and did "a whole lot of nothing"

Dallas Zimmerman #12 slept in a lot and spent time with family

Coaches Glenn Pike and Todd Garvey worked and hung out with family.

Coach Becky Wilson slept a lot and got some much needed rest!

17 Elite Play to Win Continued

(continued from page 3)

Can't imagine as competitive as Coach Wise is, he would allow that. What about all the hard work, long hours and sacrifices!! Wouldn't it hurt our seeding for our next qualifier? To Coach Wise's credit, he told our girls to take care of business and that they did. We ended up 5th place in Big South and Northern Lights 17-2 was denied the bid. Were we supposed to feel bad for playing to win?

Next, we played in the Lone Star qualifier in Texas. Now everyone knows that Texas invented volleyball (or else they think they did) and we had three Texas teams in our pool on the first day. To make matters worse, our middle Nicole Allgood, couldn't play because of a strained quad muscle. Coach Jeff shuffled the line-up and it was quite evident the girls were out of sync. It wasn't easy but we pulled out three victories and

moved on to day two with Nicole vying to be on the court. After a whole day of icing and plenty of Advil we were able to get back to our regular line-up. The girls responded by beating their opponents and advancing in the gold round. Our third pool was a

17 Elite worked hard, played with class and dignity and came out on top at Lone Star

tough one. Number 2 seeded TCA, Austin Juniors and Skyline. We beat Skyline and Austin Jr's to set up a match with TCA to go to the semi-finals. TCA played flawless ball. Some of the best we had seen all season. They beat us in two to send us to silver.

That's when the controversy started. You see, we were slated to play Texas Tornados and if they beat us they would get a bid. Their coach blatantly

came out and asked us to let them win. What happened to earning your bid!!! That coach didn't even realize that he put a seed of doubt in his players heads that they could beat us. Coach Jeff came right out and said, "If we take the court, we are playing to win." When it became obvious that the Tornados would not beat us, our girls were subjected to some very bad sportsmanship that carried over into our next match with TAV for 4th place. TAV and Texas Tornados are friends and they didn't like the fact that we didn't let them win. It got ugly!! But MAVA played with a lot of heart, determination, and intensity. We won a brutal first game 35-33 and when we won the second 27-25, the looks on our girls faces and the face of Coach Wise said it all. We had worked hard, played with class and dignity, and came out on top!!! That felt really good. And oh by the way, we were 7-0 against Texas teams.

15 Blue has Greatest Fans

Spectators at the Big South national qualifier are still talking about MAVA's team spirit.

In 2006, the MAVA men – 14-Kapfhammer dads– showed up for tournament play in the specially-designed t-shirts. In 2007, 15-Blue parents took it up to the next level. Shirts spelling MAVA Sharks left no doubt who they were cheering for.

The support led 15-Blue to a record of 7-2 for the tournament – finishing 19th out of 120 teams in one of the largest divisions in the Big South.



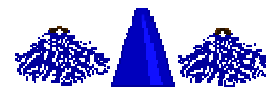
From left: Morgan Ridge's dad, Thea Mattingly's dad, Taylor Maxson's dad, Sarah Adams' dad, Rachel Saultzman's sister and dad, Jordan Rickert's sister, Megan Bowers' dad, Morgan's mom, and Jordan's dad.

15 Hammerhead has Exciting Season

The MAVA 15 Hammerheads have had an exciting season! We placed 4th in the MidAmerica Open; gained a gold-round placement in the final Bluegrass Power League; and fought hard in the MidAmerica Fireworks tournament!

We have been working on new plays and are looking forward to implementing our new strategies! Competitors beware!

YEAH MAVA Continued



(continued from page 1)

No heat, and only half the lights worked. We finally negotiated some space after the basketball season. All in all, our team practiced in about six different gyms. We had no clue what we were doing in terms of being a club. Well, at least I didn't. I seem to remember that. LAVC had six teams that year, and the AAU's were our highest goal for all, and Nationals for one team.

Today, we have 31 MAVA teams. A consistent group of dedicated coaches, that gets better and deeper each

season. All of our top level teams go to Nationals, and most if not all place in the top 8. We have a NonTravel Program committed to a high level experience without leaving home. We have a facility second to none, AND TO MY POINT, now we have a nationally recognized program of Elite Teams. Prep Volleyball.com is the leading source of info and rankings for all of USA Volleyball. They have our 17s ranked at #6, 16s Ranked at #3, and 15s Ranked at #2. Congrats Ladies and thank you to all the coaches and parents and kids who have made it happen!!!!

If you get a chance to watch our 17 Elite's play, keep in mind that Emily Wetterer, and Meredith Henson were on my original 12s team. They were also my reference point for the phrase of "To Whom Much is Given, Much is Expected". I'm so proud of them, and all the girls. Thanks for letting me bend your ears a little bit. Sometimes... through all the things we do wrong... and right... its nice to see the things come to fruition that you have envisioned for so long. Pass on the word..... MAVA ROCKS!!!

13 Blue Ready to Shine

MAVA 13 Blue just finished their third BIG tournament of the season – two of which were qualifiers. In February at the Central Zone Championships, they not only battled the weather, but also a lot of good teams. After starting the first day by beating a very tough Munciana, they went on to win all four matches. At the end, they finished tied for 7th place. Not bad for coming into the tournament in the bottom one-third. They



13 Blue celebrate Easter in Atlanta

traveled again to Indiana for the MEQ in March, beating teams from Kansas, Wisconsin, Illinois, and St. Louis, only to come up short against KIVA 13-White, who went on to win that tournament. MAVA 13 BLUE finished tied for 9th out of 83 teams. Easter weekend found the girls

looking for their Easter baskets in Atlanta at the Big South Qualifier. After winning their first five matches of the weekend, they finished the second day with a loss to Team Saint Louis. They finished the tournament again tied for 9th out of 54 teams. Next up – sunny Orlando – where they hope to really SHINE!

15 Elite Coach Honored

MAVA 15 Elite Assistant Coach Kara Joan Hamilton was recently honored with the Joseph R. Trabue Award given to an outstanding senior in the University of Louisville's Health and Sport Sciences Department whose personal characteristics and scholarship give promise to constructive leadership. Kara also received a Cum Laudi scholar medal, and will receive her Bachelors of Science in Education in May. She plans to continue her education and eventually receive a masters degree in the art of teaching from U of L. Congrats!!

Cox to Play at Campbellsville

MAVA 18 Elite setter Shannon Cox has signed to play volleyball for Campbellsville University in 2007. Cox joined the MAVA club as a 17-year-old and is excited and grateful for the exposure she has received. She also thanks her coaches, teammates and parents for all of their support. Special thanks to Bob Hoffman, who has done so much for the team as a recruitment director—among other things. Cox's parents, Tim and Beth, MAVA 16 Blue

coaches, are very excited to see their daughter continue her volleyball career.



18 Elite Shannon Cox signs on to become a Lady Tiger

12 Hammerhead Hangs Together



Coached by Sharon Rickert, MAVA 12 Hammerhead has played up most of the season and placed third in the Central Zone Championships. L to R: Ashley Brey, Emily Russ, Savannah Maxwell, Aubrey Ritter, Abbey Norton, Kelsey Henry, Kayla Bohn, Penina Snuka & Brittany Fletcher.

Strong Play Continues for Mighty MAVA 13 Tigers

MAVA 13 Tiger went 3-0 in the Derby City Power League. The Tigers used their strong defensive skills to confuse their opponents during all three matches.

Lead by defensive specialists Haley Moore, Mary Curnutte and Libero Casey George no attack went unchecked. Net play was controlled by Morgan Newton and Katie Brustsher, who combined for several key blocks to assure Tiger victories.

On the offensive side of the game it began with Leah Brown and Cami Burrus, setters for the Tigers. They delivered the ball to outside hitters Kate Sass, Shannon Fitzpatrick and Caroline Carnes who used their attacking skills to keep their opponents on their heels. With three wins this weekend the Tigers record moves to 11-1 overall in the Derby City Power League.

12 Great White Wins Gold at Holiday Inn

MAVA 12 Great White won the Gold in the 12 and under division of the Holiday Inn Classic. The team, coached by Frank Horecny, defeated TNT-Kathy in the final match

25-15, 119-25, 15-11. The team has 32 wins 8 losses record for the season.

14 Great White Captures Bronze



MAVA 14 Great White, coached by Ed Stottman, won the Holiday Inn Classic bronze tournament. Team members are: Allie Mattingly, Lindsay Wilburn, Kayla Johnson, Sara Burch, Lauren Benz(back row), Alex Matz (bent down), Tymber Redd, Katie Meyer, Grace Wolford, and Carli Ianke.

10 Elite Takes Small Steps to Success

This year MAVA's 10-Under Elite team got off to a good start at the Mid-America kick-off Classic. Since that performance, the team has come close to beating other 12s but had not been successful. Finally with a stronger team ethic, they pulled together to beat a 12-under team from Cincinnati at the third leg of the Derby City Power League. To a triumphant match, Coach Lisa Fields promised to do a cartwheel. What a motivational tool! **WHATEVER WORKS COACH!**

The girls are busy developing new skills and learning to work together while having fun at the same time. A team building activity of bowling was planned in February. The girls were given the opportunity to have fun and get to know each other a little better off the court in hopes of improving communication and team spirit. The girls are a fresh young group, still working hard at practice on serves, court communication, and improving form. Looking on to Nationals, the girls are ready and excited. Go get'em Sharks!



The buzz at the MidEast Qualifier was MAVA 13-Elite's 25-0, 25-0 win in pool play. Officials could not recall another team with a "perfect" score.

18 Elite Takes Bite out of Competition

The class of '07 MAVA Sharks swam full circle, ending their distinguished high school volleyball careers at the same place and with the same level of intensity as they began it. The 18 Elite team gave up only three games out of a possible 15 in their last tournament together. Losing one match in the Gold Finals of the Holiday Inn Classic, they placed 2nd overall.

"Redemption is sweet!" said head coach Andy Riesenberg, *"not only did we play hard, but we knocked out two teams that beat us over the course of the season to get to the finals. One at the Mid East Qualifier, and the other on our own home court. Both, knocking us out of contention for the Gold and a top place finish heading into the national qualifiers."*

At this age level, you never know what to expect the emotions are all over the place. Players are graduating in a few weeks, finals are upon them, they just had prom, and they are finalizing their college commitments. So many factors play a role in how they react, both on and off the court. And this team came

out strong, ready to devour whatever bait would dangle in its path!

"I could just tell... (we were going to do well)" said Outside Hitter, Ashley Murphy. Seeded number one heading into the tournament, 18 Elite played

Brittany Murphy, they would say, *"it's our massive block."*

If you look at the statistics, it's hard to disagree. Throughout the season, the 18 Elite averaged between eight and ten blocked balls a match. And the few times the ball did make it past the block, it was dug up, as they averaged over six digs a game.

"Defense has been our strong-point all year long," proclaims the lone junior, Liz Watkins. *"Defense has also been the starting-point for everything we do as a team. It's what we work on first in practice and what enables us to move to a more accurate and mistake-free offense."*

Setter, Tiffany Kleiner reiterates. *"Coach Riese always stresses that we need to anticipate the ball and always be one step ahead of our competition; that is something I will take with me as I continue this game at the next level,"* confirmed setter Shannon Cox. As far as the *"the next level"* goes, *"Coach Riese"*, as his players call him, has five of his seniors ready and committed to college programs. Congratulations, Class of '07 MAVA 18 Elite, and good luck at the next level, no matter what it is.

College Bound MAVA 18 Elite

2 Allison Flannery	University of Kentucky
3 Liz Watkins	undecided
4 Ashley Ernsiker	undecided
5 Allison Hoffman	Bellarmine University
9 Ashley Murphy	University of IU Southeast
10 Shelby Newman	University of IU Southeast
13 Brittany Murphy	University of Kentucky
14 Tracy Scherzer	undecided
20 Tiffany Kleiner	University of Louisville
22 Shannon Cox	Campbellsville College

like the number one team they are, taking HUGE chunks out of the competition on the first day, not letting anyone score more than 17 points against them.

"It had to have been our stellar defense!" raved the defensive specialists Allison Flannery and Allison Hoffman. However, if you ask the middles, Shelby Newman and Tracy Scherzer, and right side

10 Hammerhead Working Hard and Having Fun

Our 10 Hammerhead team started the season not knowing what to expect for their first year of club ball. As the season has progressed our team of 9 and 10 year olds have worked hard to get better and are having fun while doing it. The girls have won 10 matches and most have been against 11 and 12 year old competition. MAVA 10 Hammerhead, coached by Julie Potempa, have shown improvement week by week and play hard

whether against another 10 year old team or a 12 year old team twice their size. Team members are Gabrielle Pohlmann, Shayna Liebman, Rachel Amin, Tess Fasteen, Marissa Merilatt, Molly Wegenast, Paige Hardison, Nikki Koval, Katie Coulton and Morgan French. The team looks forward to an exciting May and finishing a great season, GO HAMMERHEADS!



MAVA 10 Hammerhead have won 10 matches mostly against older teams

Sportsmanship Continued

There always will be bad calls or calls you don't agree with in games. Just remember to be respectful of the officials, including line judges. They are there doing their jobs.

Parents need to be aware of their daughters' actions and encourage them to make the right choices.

We want MAVA to be more than a winning club on the volleyball courts. We want people to know we are a winning club in the positive ways we present ourselves.

MAVA already enjoys a sterling reputation. I can't tell you how many times our program and people

have been complimented. It's a source of great pride for me and everyone involved in developing MAVA.

Let's continue to work together to ensure we maintain and build on this reputation.

As football coach Knute Rockne once said, "One man practicing sportsmanship is far better than fifty preaching it." Let's practice what we preach!

- Glenn Pike



Three Wishes—A Volleyball Moral Tale

A Woman was warming up for her Gold Medal beach doubles volleyball match one afternoon when her spiked ball rolled into some bushes.

She went into the bushes to look for it and found a frog stuck in a trap. The frog said to her, "If you release me from this trap, I will grant you three wishes."

The woman freed the frog and then the frog said, "Thank you, but I failed to mention that there was a condition to your wishes. Whatever you wish for, your opponents in this Championship Match will get ten times more or better!" The woman said, "That would be okay."

For her first wish, she wanted to be the hardest spiker on the Volleyball Tour.

The frog warned her, "You do realize that this wish will also make your 2 female opponents in this match the hardest spikers in the world, their hits will come at you with amazing speed."

The woman replied, "That will be okay because I will still be a strong hitter in my own right."

So, KAZAM-she's the most powerful spiker on the Volleyball Tour.

For her second wish, she wanted to have the highest vertical jump on the volleyball tour. The frog said, "That will make your opponents impossible to beat as they will now be able to jump high and hit hard, much more than your abilities. You will lose your match for sure."

"The woman said, "That will be okay because I will still be an amazing player."

Mid America Volleyball Association

The [MidAmerica Volleyball Association Sharks](#) (formerly the Louisville Attack Volleyball Club) are proud to call MidAmerica home. MAVA is a community-based club committed to developing and promoting the sport of volleyball from entry level player to the elite athlete. As a progressive club, our goal is to provide unparalleled instruction that insures the building of character, development of skills and sportsmanship, while providing a fun and nurturing environment for our volleyball players to reach their maximum playing potential. Our players will be challenged to excel, not only individually but also for the betterment of their teams and the community in which they live.

Phone: 502-736-0800 Fax: 502-736-0801
website: www.midamericavolleyball.com

So, KAZAM-she has the highest vertical jump of any women on the Volleyball Tour!

The frog then inquired about her third wish, and she answered, "I'd like to have a mild heart attack."

Moral - Volleyball women are clever. Don't mess with them.

